

Lakia Crutchfield

GROWTH MINDSET & COMMUNICATION EXPERT



HELPING WOMEN BECOME INDIVIDUALS UNAPOLOGETICALLY

I assist women who are struggling with who they are and what that means to the world. I help them identify the who and what, and then move forward successfully.

to book Lakia t: 252-732-2501 | e: lakia@kiakronicles.com | www.kiakronicles.com

AS SEEN ON



POWERHOUSE



CBS NEWS

Lakia is a wife, mother, educator, and growth mindset and communication expert. Her system gives a proven three step plan to assist in making decisions throughout life as we grow and change. She absolutely loves changing lives and living hers unapologetically.

"I loved both books. Both are very informative and a must buy. Good for all homes and libraries. These titles will help you through life, grab yours today."

FAUSTINE CRUTCHFIELD

KEYNOTES

A JOURNEY TO MASTERING THE REAL ME, UNAPOLOGETICALLY

In this message, Lakia Crutchfield can support your women with effective systematic steps of personal triumphs and authoring my unique title, "My Flesh is Killing Me" which takes us through a major personal surgery that allows us to come out more successful.

ATTENDEES WILL LEARN HOW TO:

- Reflect & Explore the W's of Where We Are
- Discover the Reasons Why
- Determine the Pro's and Con's and Push towards Growth

CREATING YOUR NEXT CHAPTER WITH INTENTION, CORE BELIEFS VS. CHOICES

This talk allows individuals to determine why they are the way they are and decide if things need to change or stay the same. Many individuals don't realize that the choices and core beliefs we have come from years of upbringing and sometimes rebellion. With this knowledge, we determine next steps.

ATTENDEES WILL LEARN HOW TO:

- Determine what we want out of life.
- Map out how to get there. What core beliefs and choices stay, and which ones go.
- Formulate the plan to obtain how to get to your next!!

For Exponential Growth! Book Lakia Today! 252-732-2501

3 Reasons to Hire Lakia

- 1. Lakia has the ability to assist in discovering the issues and giving steps to move forward.
- 2. The beautiful part is that it feels as though you are communicating with a friend.
- 3. She can help in moving careers and individual lives forward all at once.



Helping Women Become Individuals Unapologetically

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Published In



POWERHOUSE

"Very informative information about a part of your life that a lot of people don't know about. The other title "Soul Cries," is awesome short stories that will help other's get through some things that they may be going through."

FELICIA GRIFFIN

"I finally got a chance to read your book this morning, Lakia Crutchfield. I saw myself in it, and it was meant for me to read it today. I need the hard copy now. Can't wait for your next one!"

KIMBERLY MACK

BOOKS



My Flesh is Killing Me
This captivating story of survival and life lessons can literally save your life! Read and work through your next level!



Contributing Author of Soul Cries
When life has given you all that you can take, when you feel like giving up and giving in, when you think there is nothing you can do to ease your pain... the soul cries. This anthology speaks to the one who felt like all was lost, but who found the inner strength to overcome and thrive!

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